

WhatsApp with wigs and wine at Loose Valley Care Home



We love having fun with our residents and sharing their stories here at Loose Valley Care Home.

During a one-to-one session with one of our ladies recently, she talked about the **wigs** her and her daughter used to wear to work when she worked in a bag factory.

We have a couple of wigs, so she and Recreation and Well-Being Champion Paula put them on, and with a glass of wine in her hand, she **video called her daughter**.

Much to her surprise her daughter panned around to her husband to show him and they both cracked up into **laughter**, as did we on the other end! Our lady said "*Cheers!*" with her glass of wine!

Her daughter said to Paula that seeing her mum had **really made her laugh and it made her day** – she was jealous that her mum had a drink and she didn't!

The simplest things are the best medicine for a good laugh!