

Remembrance Sunday tributes at Loose Valley Care Home



We spent Remembrance Sunday morning at Loose Valley Care Home watching all the serving and retired service men and women walking to the Centoaph to lay poppy wreaths for the fallen soldiers.

Our residents watched in respect and observed the two-minute silence at 11am. We saw the king, Prince William and Prime Minister, along with dignitaries of other countries, lay their wreaths too.

Many of our residents have stories of the war and fathers who served; one dad was in a prisoner of war camp, another said he served his time being in the army.

After lunch we continued with the theme and **Paula** our **Recreation and Well-Being Champion** hosted a wartime singalong, followed by stories of being in the shelters and being evacuated to the countryside away from London and the blitz.

On hearing the sirens and running for shelter, June remembers "Being down in the underground and meeting the other kids and making lots of friends, but it was a scary time."

In the afternoon, we took photos of our residents wearing the navy collar and hat with HMS Ark Royal and Billy was recruited into the sailor family and joined in having a mini photoshoot!

