

Loose Valley Care Home residents and staff share Remembrance morning



On Monday 11 November we watched the two minute Remembrance silence observed with people around the country here at Loose Valley Care Home.

Afterwards we said **prayers** for those who have died on active service through all the wars and the ones still on going.

We printed out two **poems** and read them out for our residents; one was the famous '*In Flanders Fields*' by John McCrae and the other was called '*Scarlet poppies*', which was very moving.

We chatted to our residents about their **families**, including fathers and grandfathers on active service and those lucky enough to come back from war.

We also chatted about **why the number 11 is significant** on **Remembrance Sunday** as it features so many times surrounding the 1918 armistice. Hostilities officially ceased at 11am on 11th November - so the 11th hour on the 11th day of the 11th month.

One lady said she had been up to the Cenotaph service once, commenting "*It was very moving hearing the trumpet playing the last post.*"