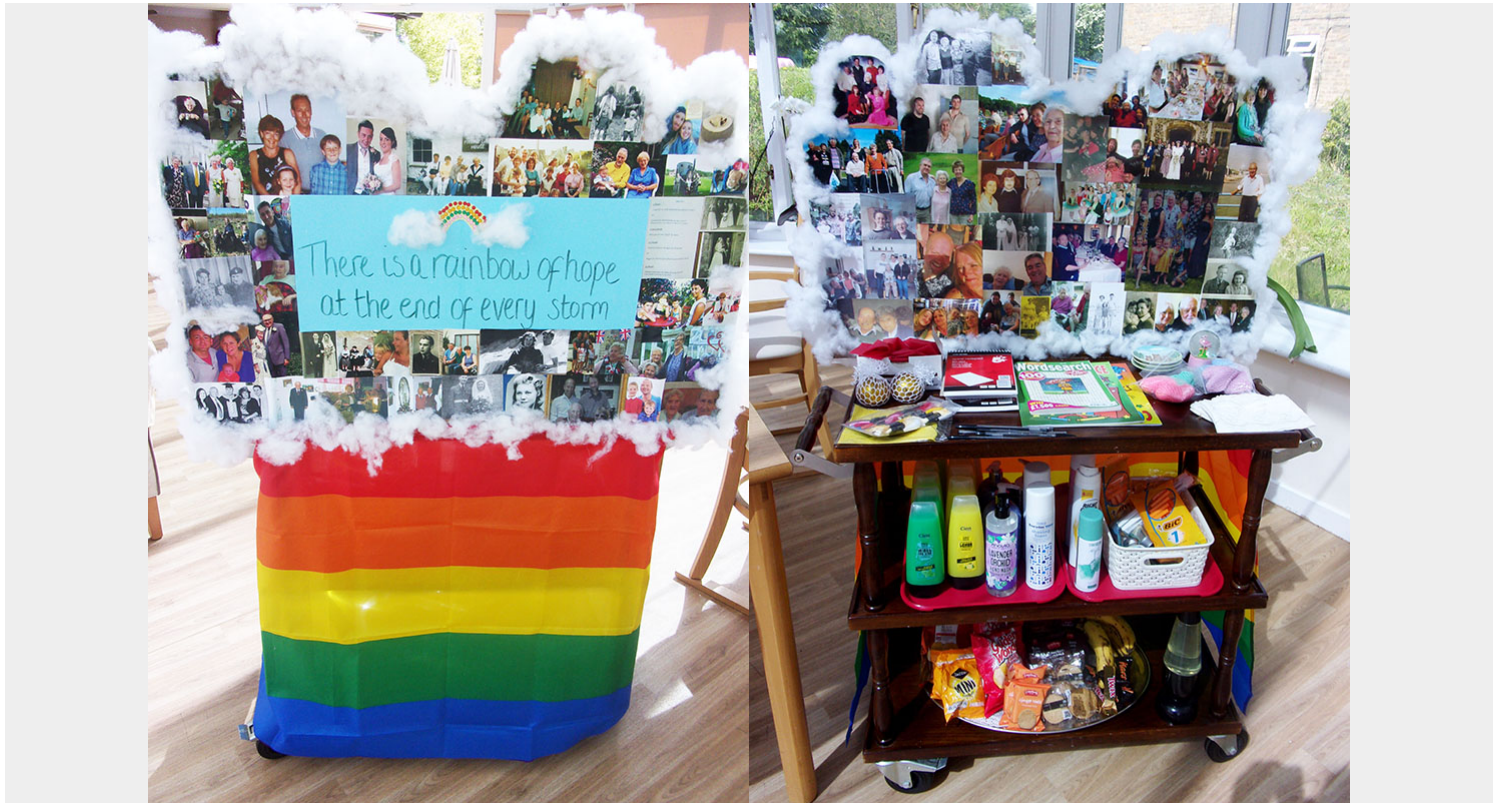


## Loose Valley wins big in Nellsar trolley competition



### Winners of the Most Heart-warming Trolley category

**Loose Valley Care Home is delighted to have won 'The Most Heart-warming Trolley' category in a recent 'Tart Up Your Trolley' competition.**

At the end of last month, Recreation and Well-Being Manager Viv Stead launched a competition for staff across **Nellsar's 13 Care Homes** to 'tart up their trolleys'.

During this period of lockdown, Viv thought staff could have a bit of fun and see who could use their creativity to 'Tart up their trolley!' If teams didn't have an activities trolley, they could improvise with whatever they had; there were no rules to the competition, the aim was simply to spread a little cheer to residents and make them smile.

***Entries were submitted to Viv and she was amazed with what came in from our Homes;***

*"What can I say?! Once again you and your teams have absolutely blown us all away with your creativity, passion, enthusiasm and courage! I thought it would create a bit of fun in these difficult times and you have really done it with style!"*

Having looked through all the entries, Viv decided that to choose a 'top three' out of all of the marvellous entries was just too difficult to bear, so a decision was made to award everybody a prize, and **Loose Valley's** trolley was judged the most heart-warming.

***Their entry read;***

*"We thought long and hard about how to get the most out of a trolley and how to put a smile on our residents' faces. With all that is going on in the world at the moment, love and hope was the theme we went with. We asked family and friends to send*

photos and well wishes and designed a rainbow trolley so they can see their loved ones. The trolley plays music to sing along to (Bill Withers 'Lean on Me', 'Somewhere over the rainbow' etc). We stocked up on toiletries, treats, exercise, sensory and puzzle items for the residents to pick. Each individual resident received a big hug containing messages of love, hope and photos in the shape of hugging arms to feel their family close. It's been very emotional; we've had singing, dancing, tears of joy and sorrow and appreciation for the human touch and having someone to lean on."

**The Home will receive £50 for their Residents Fund, some bubbles and a winner's certificate.**

*A huge 'well done' to all the staff and residents who took part in the competition - it certainly has lifted everyone's spirits!*







