

Loose Valley Care Home ladies get artistic



We all express ourselves in different ways and we love using art at Loose Valley Care Home to inspire our residents.

Last week we thought we'd try our hand with acrylic paints and our ladies thoroughly enjoyed creating colourful canvases.

The session really engaged our ladies' imaginations and we found it very relaxing and therapeutic.

We enjoyed the session so much - and loved the different styles of art our ladies created - that we thought we would hold our very own **Art Exhibition**. The date of the exhibition is to be announced, so watch this space!

