

## Irish staycation shenanigans at Loose Valley Care Home



**Residents and Recreation and Well-Being staff at Loose Valley Care Home were thrilled to celebrate Ireland this week on the next leg of the virtual staycation.**

The lovely **Kevin Walsh** joined us for an Irish singalong at 2pm on Monday 8 November. Our Recreation and Well-Being Champion Paula Smy sent out the invites to join her and colleague Hayley in Dublin, Ireland at the O'Briens Irish bar, for themed fun and games.

The **Loose Valley** Lucky Leprechauns drove the **Nellsar** mini bus on our tour around Ireland starting in Dublin – the home of Guinness!

**Paula Smy wrote,**

*"With breathtaking views and stunning landscapes Ireland scenery is the most spectacular. The Irish are genuinely warm and welcoming and we made this trip to Ireland one to remember. We went to Dublin to see the home of the Guinness factory, walked past the River Liffey and popped into O'Briens Irish bar. The Leprechauns took over the mini bus on their way to Ireland!"*

*O'Brien is my mum's maiden name (her first name is Eileen) and she moved to England at 19-years-old; her sister Mary also came over. So that's how the Loose Valley Irish bar got its name! We had Baileys Irish cream and Guinness on tap, plus Baileys cheesecake and Guinness trifle for residents to try. And they loved looking at and chatting about the vintage memorabilia!*

*Much to our residents' delight, Hayley and I dressed as colourful Leprechauns. I made a pot of gold with a rainbow and cloud backdrop. The Nellsar mini bus was taken by the naughty Leprechauns with the caravan in tow...they left lots of empty bottles outside the caravan! We had quizzes and facts on Ireland, its culture, its traditions and lots of photo opportunities.*

*Our residents have absolutely loved all the armchair travel trips; they get so much out of them and this was the last one this*



year. Maybe I will take our residents to other exciting countries next year like Australia – go down under!"



Cheers!