

## Heart and autumnal art at Loose Valley Care Home



We enjoyed some creative crafts last week at Loose Valley Care Home.

### Heart art

Our residents **decorated large wooden hearts** with some mini hearts inside. They used scrabble letters to add their names on to them and embellished their designs with **glitter, jewels** and **colouring in**.

Our resident Rosemary was helped by her sister Janet and they created a lovely heart featuring both their names.

### Autumn colouring

Autumn is such a colourful season, with truly inspiring colour in nature – trees feature a stunning palette of golden colours, rusty reds and coppery oranges which are always so beautiful.

To celebrate the start of autumn, we had fun choosing colours to **paint tree pictures**. We have some budding artists among our residents which is wonderful to see.

*Art is something that can be enjoyed at any age and we are delighted with how our creations took shape.*





