

Elf Day and snowball fun at Loose Valley Care Home



Cheeky elves

This week we all enjoyed some Elf Day fun at Loose Valley Care Home!

Some of our **staff dressed up** for the occasion and we had **elf hats** for everyone to get involved. There were lots of cheeky little elves all around **Loose Valley** getting up to all sorts of mischief.

In the afternoon we had a visit from **Phil and Cathy with their keyboard** and we all sang along to lots of **Christmas music** to get everyone in the festive spirit in the run up to the big day. *Everyone loved singing along and ringing the Christmas bells!*

Snowball shenanigans!

Continuing the festive feel, we thought we would combine fun and exercise, given the recent chilly weather we've had.

Paula from our Recreation and Well-Being Team had been busy making lots of **snowball pompoms** for us all to use. We put some suitably fun Christmas music on, and our residents got to **throw snowballs at Charlotte and Paula** whilst they darted around our conservatory, which currently resembles a winter wonderland!

It got everyone moving and joking and brought some real giggles! Great fun!











