

## Celebrating Random Acts of Kindness Day at Loose Valley Care Home



Our residents at Loose Valley Care Home got a wonderful surprise on Wednesday 17 February – Random Acts of Kindness Day.

Our **Recreational and Well-Being Champions** spent time **making cards**, with **uplifting messages** inside them, to inspire our residents and let them know how important they are to us.

As they received their cards, our ladies and gents enjoyed one-to-one time with their Well-Being Champions, getting to know our new recruit Ella Yard.

Each one of our residents felt special and appreciated, a feeling we would love to promote throughout the year!