

Celebrating Halloween at Loose Valley Care Home



We celebrated Halloween at Loose Valley Care Home a little early last week, on Tuesday 26 October.

We started with a **Halloween quiz** and facts about the holiday and how it started in America. Did you know....

Jack 'o lanterns were originally carved from turnips

Dressing up in costumes was a way to hide from ghosts

Cats have been part of the ancient Celtic festival, as priests sacrificed them to predict the future (*poor cats!*)

The White House is haunted by Abraham Lincoln, whose ghost has been spotted by Lady Roosevelt and many others residing at the presidential house.

Next was a fun game to 'punch a hole in the pumpkin' and receive a chocolate treat – all treats no tricks! Our residents had to punch a hole through the orange paper and reach in to pull out a treat. Paula from our Recreation and Well-Being Team said *"Be careful there maybe a spider in there! Only kidding!!"*

In the afternoon we welcomed **Kevin Walsh to Loose Valley** and he entertained us all with his wonderful music, which is always thoroughly enjoyed by everyone.

One of our ladies requested Frank Sinatra, so he sang *'That's Life'* and *'You make me feel so young'* and said he will learn a few more tunes for next time.

Kevin is returning on Monday 8 November for our Irish Day, as his dad was Irish. It also happens to be Kevin's birthday on 9 November and our Molly will also be 99 years old, so we'll be celebrating them both!

On **Halloween** itself, our **Chef Dee made some fantastic Halloween cupcakes** made with pumpkin of course! They not only looked

great but tasted great too and everyone enjoyed them in the afternoon with a lovely cup of tea or coffee.



