

## **Birthday celebrations and jigsaws at Loose Valley Care Home**



**We enjoyed double celebrations at the end of January at Loose Valley Care Home, as two of our ladies had their birthdays - Marjorie turned 99 and Jean 89.**

They both loved their birthday cakes from our kitchen staff and blowing out their candles. *Many happy returns ladies!*

Our residents have been enjoying some **jigsaws** recently. A focused and therapeutic pastime - it's very rewarding when you find the correct piece and eventually finish the puzzle!

Originally these puzzles were called '*dissected puzzles*', then the '*jigsaw*' got its name after the tool used to cut out the pieces.

They've been a particularly good pastime during this cold and windy weather we've had!



