

Beach memories at Loose Valley Care Home



Tuesday 4 January was a rather dark and miserable day outside, so we decided to take a virtual trip to our favourite beach from our memories with our lovely resident Jean here at Loose Valley Care Home.

We blew up our **pink flamingo** (...as Jean can't swim, so we needed a floating device!) and we gave her some beautiful **flowers** for around her neck and a **coconut with some fruit juice inside**.

We **reminisced about our beach holidays** and where we would like to travel to – of course Devon and Cornwall beaches are stunning and Jean had enjoyed many a **holiday down in Cornwall** when her children were young.

Jean lived and worked in London for most of her life, doing different jobs such as typing, working in a soup factory (Batchelors) and making handbags near Smithfield market.

So it was lovely to get to a beach and relax from the busy hectic life of London!

A drab afternoon was transformed into a wonderful one!