

A trip down the river Medway for Loose Valley Care Home residents



On Monday 29 April, we took four of our residents from Loose Valley Care Home on a boat trip down the river Medway.

We were lucky to have a dry day and we took our minibus to **Wateringbury Marina** and boarded our boat, named the *Kingfisher*, which had a specially adapted lift to take wheelchairs easily onto the boat.

The boat cruised up river towards the locks of **Yalding** and on to **Beltring** and we enjoyed cups of tea and coffee throughout the journey.

We moored alongside a towpath where the horses used to pull the canal boats at **Teapot Island in Yalding**, and there we tucked into a super picnic on board. We fed the swans at the end of the trip as they all gathered around us. We were delighted to see so many.

Our lovely volunteers **David and Jackie Grant** accompanied us for the day. They very kindly drove our minibus and David helped our Recreation & Well Being Champion Paula open and shut the lock we went through. **Zoe**, our Kitchen Assistant, also gave up her time to help on the day.

We all had such a great day and loved being out in the fresh air, taking in the scenery as we journeyed along.

Huge thanks to David, Jackie and Zoe who gave up their time to be there for our residents, we couldn't have done it without them.

We already have another boat trip booked for Monday 13th May – *we can't wait!*









